

Zika Virus Information for Travelers

The Centers for Disease Control and Prevention (CDC) has issued travel notices for numerous countries regarding the Zika virus. The CDC has concluded that the Zika virus is a cause of microcephaly and other severe fetal brain defects in some fetuses and babies born to infected mothers. Zika may also be linked to Guillain-Barré syndrome, which can affect individuals of any age or sex. Zika virus is typically a mosquito-borne illness, but there have been confirmed cases of transmission through sexual contact and blood transfusion. CDC reports that travel to elevations higher than 2,000 m (6,500 ft) above sea level is considered to have minimal likelihood for mosquito-borne Zika virus transmission, even within countries reporting active transmission. CDC recommends that women who are pregnant should not travel to areas that are at elevations less than 2,000 m above sea level in countries with ongoing Zika virus transmission.

For additional information about Zika, including travel advisories, visit the CDC website and view the White House's Zika page. To obtain CDC travel notices, call the CDC at 1-800-CDC-INFO (1-800-232-4636) from within the United States, or 1-404-639-3534 from overseas, or visit the CDC website.

The CDC has confirmed active local Zika virus transmission in the following foreign countries and territories:

Aruba	Honduras
Barbados	Jamaica
Belize	Marshall Islands
Bolivia	Martinique
Bonaire	Mexico
Brazil	Micronesia
Cabo Verde	New Caledonia
Colombia	Nicaragua
Costa Rica	Panama
Cuba	Papua New Guinea
Curacao	Paraguay
Dominica	Saint Lucia
Dominican Republic	Saint Martin
Ecuador	Saint Vincent and the Grenadines
El Salvador	Samoa
Fiji	Sint Maarten
French Guiana	Suriname
Guadeloupe	Tonga
Guatemala	Trinidad and Tobago
Guyana	Venezuela
Haiti	